Aging does not just impact our parents; it shifts the fundamental roles and identities of every family member. How did we suddenly find ourselves in these new roles, and what does this mean for us? This presentation will explore: The idea of aging in place; Who is in and who should be added to the “circle of caring”; Feeling sandwiched; Dealing with caregiver burden; Long-distance caregiving; and Making difficult caregiving decisions.

Date: Thursday, March 12, 2020
Time: 12:00PM – 1:00PM
Location: Kilcawley Center – Hynes Room #2068
Presenter: Lisa from Benjamin Rose Institute on Aging

To Register: Log in to the Living Well portal directly or access via single sign on in Penguin Portal (located in Faculty/Staff tab under Employee Resources).

For more information contact Carrie Clyde, Wellness Coordinator, at 330.941.3360 or crclyde@ysu.edu.